

Bridging the Gap: BEST's Vision for Brain Injury Recovery

Brain Education Strategies & Technology (BEST) is an educational nonprofit organization that helps people with brain injury...

- rebuild skills
- learn compensatory strategies
- regain independence
- improve the quality of their lives.

BEST provides:

- free online webinars
- free and low-cost workshops
- educational resources focused on cognitive skills and technology.

Brain injury is a chronic condition that can last a lifetime. BEST fills the critical gap between medical treatment and the rest of your life.

Free Webinars

BEST webinars help build awareness about cognitive issues survivors often deal with after injury and provide strategies to improve daily success.

- 60-minute presentations
- handouts
- live chat
- Live Zoom AfterHours discussion following webinar
- session playback available for 7 days

Free Workshops

BEST workshops take brain injury survivors on a deeper dive into topics presented in our popular webinars.

- multi-week curriculum
- 90-minute session each week
- handouts
- instructional recordings
- interactive live sessions
- session playbacks
- small breakout groups

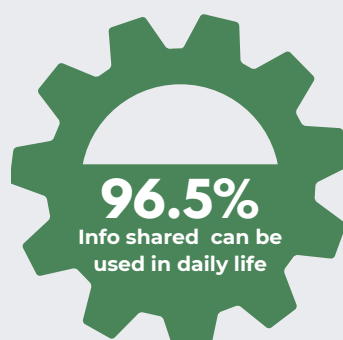
CLIENT TESTIMONIALS

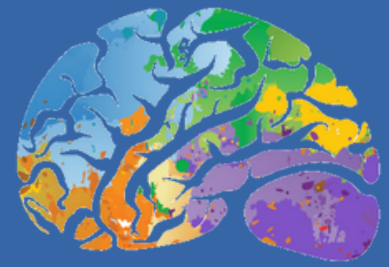
"I've never found anything quite like BEST before. I feel treated as a smart individual and not talked down to...Instead, I feel understood and validated."

"It's the most effective and most supportive help I've gotten since my injury six years ago..."

"The information is relevant to my life and presented in a way that I can implement into my own day-to-day."

Webinar Feedback from Survivors & Professionals





BEST offers a range of resources and support services tailored to the unique needs of brain injury survivors. We understand that every individual's experience is unique, and we strive to provide personalized strategies that can help manage the cognitive and social changes post-injury.

Sample Programs

Cognitive Building Blocks

- What Is Cognitive Rehabilitation, and Why Is It Important?
- Self-Regulation to Take Back Control After Brain Injury
- The 4 Stages of Learning
- It's Not Laziness, It's Initiation
- Pace Yourself to Help Manage Neurofatigue
- Build Your Self-Efficacy After Brain Injury

Learning Series

- Learning Styles & Why They Matter to Everyday Success
- Compensatory Strategies for Success
- Mindset Matters

Memory Series

- Where It All begins... Attention & Memory
- Find Your Voice, Prepare What to Say
- Make a Note of It!
- Note-Taking as a Memory Strategy
- Using Smart Devices as a Memory Prosthetic

Executive Function Series

- Executive Function & Brain Injury
- Organization for Success
- Time-Management for Success
- Decision-Making for Success
- Problem-Solving for Success
- Goal-Setting for Success

Our Impact

